# Sulam for Presidents Sample Schedule

**Thursday**  
2:00 PM  Registration • Lobby  
3:00 PM  Welcome and Introductions • *Beit Midrash*  
3:55 PM  **Session:** Creating a Leadership Learning Agenda • *Beit Midrash*  
4:10 PM  Logistics Review • *Beit Midrash*  
4:15 PM  *Minhah* Service • *Beit Midrash*  
4:30 PM  **Session:** “What We Think We Think” • *Beit Midrash*  
5:30 PM  **Session:** Developing a Shared *Kehilla* Vision • *Beit Midrash*  
7:00 PM  Dinner • Dining Room  
8:00 PM  Group Photos • *Beit Midrash*  
8:30 PM  **Session:** What’s Your Gift of Leadership? • *Beit Midrash*  
9:45 PM  *Ma’ariv* Service • *Beit Midrash*  
10:00 PM  Snack and Social Time • Tribes Lounge  

**Friday**  
7:00 AM  (Re)Connecting with our *Tefillin* – How, Why and Refresh! • *Beit Midrash*  
7:15 AM  *Shacharit* Service • *Beit Midrash*  
8:00 AM  Breakfast • Dining Room  
8:45 AM  **Session:** Understanding Leadership Preferences • *Beit Midrash*  
10:30 AM  Snack and Break  
11:00 AM  **Session:** Ensuring Sound Financial Management • *Beit Midrash*
12:30 PM  Lunch and “Table Talk” about Fundraising Successes • Dining Room
1:30 PM  **Session:** Building a More Effective Board • **Beit Midrash**
2:45 PM  Break
3:00 PM  **Session:** Sacred Communities, Financial Sustainability • **Beit Midrash**
4:30 PM  **Session:** Journaling and Reflection • **Beit Midrash**
4:45 PM  Break - Time for **Hachana L’Shabbat** (Preparation for **Shabbat**)
6:45 PM  **Minhah**, Candle lighting, **Kabbalat Shabbat & Ma’ariv** • **Beit Midrash**
8:00 PM  Shabbat Dinner • Dining Room
9:15 PM  **Tisch** (Table) & **Oneg (Joy of) Shabbat** • Tribes Lounge

**Saturday**

8:15 AM  Light Breakfast • Dining Room
9:00 AM  **Shabbat Shacharit**, Torah Reading & **Musaf** • **Beit Midrash**
11:45 AM  **Kiddush** • Activity Center Lobby
12:15 PM  **Torah Discussion** • **Beit Midrash**
1:15 PM  Shabbat Lunch • Dining Room
2:15 PM  Rest, Reflection and Free Time
4:00 PM  **Session:** Creating Lay-Staff Partnership • **Beit Midrash**
5:30 PM  Shabbat **Minhah Service** • **Beit Midrash**
5:30 PM  Alternative service: Meditation: Exploring Spirituality on Shabbat afternoon • TBD
6:15 PM  "**Open Mike**” **Session:** “I’ve Been Meaning to Ask” • **Beit Midrash**
7:00 PM  Seudah Shelisheet (Third Meal) • Dining Room
8:15 PM  Ma’ariv Service and Havdalah – Shavua Tov – Have a Great Week! • Beit Midrash
9:00 PM  Open Mike: Successful Efforts in Your Congregations • Beit Midrash
9:45 PM  “Saturday Night Live” Sulam-Style and Late Snack • Beit Midrash

Sunday
7:30 AM  Shacharit Service • Beit Midrash
8:15 AM  Breakfast • Dining Room
9:00 AM  Session: Waging A Campaign of Change • Beit Midrash
10:00 AM  Session: Reflection & Evaluation • Beit Midrash
11:00 AM  Closing: Tallit Ceremony • Beit Midrash
12:00 PM  Tefillat Ha-Derekh – Prayer for a Safe Journey Home • Beit Midrash
Glossary of Hebrew/Yiddish words used at Sulam for Presidents

Aliyah – Blessing over the Torah

Benching/Birkat Hamazon – Grace after meals

Chumash – Five books of the Torah

D’var Torah – Spoken words of the Torah

Hagbah and Gelilah – Lifting and dressing of the Torah

Havdalah – Ritual service that marks the end of Shabbat

Kavanah – Mindset necessary for Jewish Ritual

Kehilla – Jewish community inside and outside the walls of a synagogue

Kiddush – Blessing over the wine

Kippah – Ritual head covering

Ma’ariv – Evening Prayer

Minhah – Afternoon prayer

Musaf – Additional prayer instituted on the Sabbath and the festivals

Shacharit – Morning prayer

Siddur – Prayer book

Seudah Shelisheet – Third meal on Shabbat afternoon

Sulam – Ladder

Tallit – Prayer shawl

Tefilah – Prayer

Tefillin – Ritual phylacteries worn during the weekday morning prayer service

Tisch and Oneg – Food, drinks, singing and words of Torah (Tisch = table; Oneg = joy of)

Tzitzit – Ritual fringes at the corners of garments