5 Strategies to Interrupt Antisemitism in Everyday Conversation

We all have a responsibility to remember the atrocities of the Holocaust and combat present-day antisemitism to fulfill our promise of “Never Again.” Below you will find five strategies to implement in conversations to interrupt all forms of bias. Practice them with friends and families so you are prepared to use them should the need arise.

SPEAK UP.

• “Let’s pause the conversation here to reflect on something that was just said.”
• “That sort of language/behavior is not acceptable here.”
• “Ouch! Let’s talk about that a bit more.”
• “What I just heard was not OK.”

CIRCLE BACK.

• “Something you just said doesn’t sit right with me. I need some time to think about it before we continue this conversation.”

CONNECT TO A HISTORICAL CONTEXT.

• “What you said feeds into an old stereotype. Let’s talk about where that comes from...”
• “You may not realize it, but that language has a long history of disrespect, violence and oppression...”
• “Let me explain how that language was historically used to talk about people...”

EXPLAIN IMPACT.

• “Do you know how that symbol makes some people feel?”
• “When you say that, it is really damaging to an entire group of people.”
• “Statements like that have a long history of causing pain and fear for entire communities.”

ASK QUESTIONS.

• “What do you mean?”
• “What do you know about the history of the language you just used?”
• “Do you mean everyone who is __________, or are you speaking of someone in particular?”

ADL, FJMC, WLCJ, and USCJ remember the six million Jews whose lives were cut too short by the Nazi regime and their collaborators during the Holocaust.